

Palliative and Supportive Care Services

What is Hospice and Palliative Care?

Hospice and palliative **care** is a holistic approach to **caring** for patients going through the last stages of their lives. The focus is on comfort and quality of life, rather than cure. The goal is to enable patients to be comfortable and free of pain, so that they live each day as fully as possible.

The philosophy of hospice and palliative care is to provide support for the patient's physical, emotional, psychosocial, and spiritual needs so as to alleviate suffering and maximize quality of life for patients and their loved ones.

Palliative care is also called end-of-life, or comfort **care**. **Palliative care** helps patients to achieve the best possible quality of life right up until the end of life.

What Services do we Offer in Langley Lodge?

We offer personalized, compassionate **Palliative Care Services** for residents and their families in a comfortable environment that affords privacy. These include:

- ❖ Comfort Care: medical care with a primary goal to alleviate pain and suffering;
- ❖ Supportive Services & Vigil : trained hospice volunteers are available to ensure round the clock companionship and support for your loved one when you are not there;
- ❖ Social Work Services: for assistance with emotional support and end of life resources and information for both the resident and their loved ones.
- ❖ Spiritual Support: We offer Church services and Pastoral Care. Residents can invite their own Minister to visit and provide last rights, anointments, and other direct spiritual care.
- ❖ A Comfort and Support Resource Kit: including education and information about final days, therapeutic music, and supportive information for families/loved ones.

When is the right time to discuss Palliative Care with Us?

Everyone is different; some individuals will like to approach the subject before the approach of end of life of their loved one. Others may feel uncomfortable to wait to talk about end of life is nearing.

Whatever your comfort level, we will assist you when you are ready to start the conversation.

Please approach any of the following:

Social Worker – office adjacent the Bistro on Main Floor

The Nurse on the Care Floor

Director of Care – on the Main Floor