

THE LANGLEY LODGE REVIEW

Langley Lodge, 5451 204 Street, Langley, BC V3A 5M9

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www.langleylodge.org



NOVEMBER



*At the going down of the sun and in the morning
we will remember them.*

REMEMBER ME ?

Remember me...the boy
you knew
From up the street... the
class in school
Crooked smile ... my hair
too long
Once threw papers ... on
your lawn
Cut my hair ... how tall
I've grown
First grey suite...I've ever
owned

Had a job...but not for long...

Remember me... the boy you knew
Told to sign... on the dotted line
Took an oath... a soldier now
Gave a salute... as flags waved on
Fought in war... saw bombs deployed
Some were hurt... not all survived
Brothers lost...no time to mourn..

Remember me...the boy you knew
Finished up... my final tour
Sent me home... told get a job
Forget the past...you'll be just fine
Hard to sleep...can't close my eyes
Still see the faces...and hear the cries
Of the men...that were once boys too..

-Rosemarie Kluepfel -



Remembrance Day November 11th



From Left to Right:

Alfono Aguasín, Clarence Menzie, John Philipps, Art Jary, Maggie Gooderham, Jimmy Frank McDonald, Walli Burnell, Irene Gerber, James Wickins, Bill Marr, Arty Bates, Elizabeth Rorison, Tom Brown, Charles Delves, Grant Arnold, Jessie Nichols

These are our Langley Lodge Heroes

They each have stories to tell of war, battles lost and won, and friends who didn't come back. Their medals attest to their bravery and sacrifice.

We thank them for their willingness to put their life on the line in order to serve and fight for the freedoms that we now enjoy.

Thank You For Your Service

News from the TR Department



It's definitely fall! Lots of liquid sunshine, leaves falling from the trees, and shorter days.

But we can stay inside, keep warm, and enjoy the exciting programs we have scheduled.

Thursday, November 3 – 2 pm

Join us in the Main Lounge for music with Peter Mason.

Friday, November 4 – 1:30 pm

Concerts in Care – Main Lounge



Thursday, November 10 2 pm - Main Lounge

Remembrance Day Service

Salvation Army Officiating

Thursday, November 17 – 5:30 pm

Music with Peter Montgomery

Thursday, November 24

2 pm - In the Main Lounge.

BIRTHDAY PARTY

Entertainment by Shawn McKee



Friday, November 25 – 2 pm

Topham Children's Bell Choir visiting



Saturday, November 26 – 2 pm in the Main Lounge - Gloria's Flute Ensemble

There will be lots of Music Therapy this month, with various programs throughout the building on all floors – check the calendar!



CONCERTS IN CARE

November 4 -1:30 pm
in the Main Lounge

Performer
Itamar Erez
Guitarist, Pianist
Composer

Itamar's performing and composing draw from many different cultures, eras and styles. In any one performance you may hear the freedom of jazz, the delicacy of the Middle East, or the passion of Flamenco woven into his music. His compositions are recognized through awards and recordings. His active performing life takes him to Israel, Canada, USA, Germany & Holland.

*This event is made possible by:
AUXILIARY TO LANGLEY CARE SOCIETY AND
HEALTH ARTS SOCIETY*



Resident and Family Christmas Parties

November 30th 2 pm – 2nd floor only

December 1st – 6 pm – Main Lounge

December 2nd – 2 pm – Main Lounge

December 3rd – 2 pm – Main Lounge

Appies and Special Entertainment

Photos with Santa

Limit of 2 guests per resident. There is limited seating for each party. You must sign up at Reception and get tickets to attend.

(see attached 2016 Christmas Celebration at the Lodge – Information & FAQ Sheet)

November Birthdays

Violet Mackie	Elizabeth Smart
Jo-Anne Bowie	Jackson McConnell
Dennis Horgan	Dora Rogers
Shirley Kruissen	Lisa Waaben
Ronald Anderson	Violet Carlaw
Leonie Faucher	

Welcome to Your New Home

Bill Blaney



Auxiliary News

Check out our sales in November:
Saturday, November 5th – Book Sale
Saturday, November 12th – New 2 U
 Boutique and Jewelry Sale
Saturday, November 19th – New 2 U
 Household.



**The Auxiliary and
 Volunteers Decorate
 the Lodge for Christmas.**

Decorating day is:

**Saturday, November 26th
 9 am to 3:30 pm**

Families are invited to join us to help. Sign-up sheet can be found next to the sign-in visitor book. Lunch will be provided to all of “Santa’s Helpers”.



**Mmmmm.....
 Purdy's Chocolates**

The Auxiliary invites you to purchase Purdy's chocolates. They make a great gift - or buy yourself a treat! Catalogue and order forms are available at Reception.

All funds raised by Auxiliary events are used 100 percent to enhance our residents lives, through programs or purchase of Wish List items.



**CELEBRATION
 OF LIFE
 SERVICE**

**Wednesday, November 16th
 2 pm - Main Lounge**
with Chaplain Tony

☞ REMEMBERING ☞

Agnes McHale ❖ Ed Tempest

*When someone you love becomes a memory
 That memory becomes a treasure*



Did you know about these free services?



Miracle Ear Hearing
 Clinic visits Langley
 Lodge every 2 months

and provides free cleaning, checking and minor repairs to resident hearing aides. They also provide free hearing tests.

Debbie Mozelle Designer Optical Langley provides a free eye class service once a month that includes checking, cleaning, tightening loose screws, replacing nose pads if needed and adjusting glasses.

***If you require either of these services,
 please contact your nurse.***

NEWS FROM THE NURSING DEPARTMENT

November is Seniors Fall Prevention Awareness Month

The month of November is *Senior's Fall Prevention Month* in British Columbia. During the month of November Langley Lodge wants to raise awareness about preventing falls and injuries to our residents and older adults in community.



Did you know??

- Falls are the leading cause of injury for seniors.
- 1 out of 3 British Columbian's over the age of 65 will fall once every year, and falls are the main reason why older adults lose their independence.
- Every resident at Langley Lodge is seen by the physiotherapist and rehabilitation team "to help the resident to help themselves" with an overall goal to keep our residents as active and independent as possible.

Key Ways to Prevent Falls

- Improve your mobility and balance
- Maintain or increase your physical activity and muscle strength (Langley Lodge provides a Keep Fit class five times a week).
- Have regular vision check-ups and correct vision problems (if your loved one needs or is due to have their vision checked please let their nurse know)
- Review your medications with your doctor or Pharmacist
- Reduce trip or slip hazard in your room, home or outdoors.

For more information visit:

<http://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/disease-and-injury-care-and-prevention/fall-prevention>

Flu Season Update

Flu season is upon us! Flu vaccination clinics have been in full swing here at Langley Lodge and we hope to have most, if not all, of our staff and volunteers vaccinated. The British Columbia Centre for Disease Control tells us that the vaccine is very well matched to the flu viruses they are already seeing across the Lower Mainland and we have all of the variations available on hand. If you have not had a flu vaccination and have questions, please feel free to speak with Lisa (Director of Care) or Susan (Resident Care Manager).

Although a large majority of our residents and staff have been vaccinated, there is still a risk of picking up the virus and sharing it around. If you do not get a flu shot, you will be required to wear a mask at all times while at the Lodge – to protect not only the residents but others who may be vulnerable.

Mask use will be in effect from Nov. 11 to April 30, 2017.

Please do not work or visit if you develop:

- A new cough
- Runny nose
- General aches & pains
- A fever

DON'T FORGET!! The single most effective way to avoid getting, or sharing, the flu is to **WASH YOUR HANDS!**



TURN YOUR CLOCKS BACK
SUNDAY, NOVEMBER 6TH - 2 AM