

THE LANGLEY LODGE REVIEW

Langley Lodge, 5451 204 Street, Langley, BC V3A 5M9

Phone number: 604 530 2305

www.langleylodge.org



February



Be A Friend

Edgar Guest

Be a friend. You don't need money;
Just a disposition sunny;
Just the wish to help another
Get along some way or other;
Just a kindly hand extended
Out to one who's unbefriended;
Just the will to give or lend,
This will make you someone's friend.

Be a friend. You don't need glory.
Friendship is a simple story.
Pass by trifling errors blindly,
Gaze on honest effort kindly,
Cheer the youth who's bravely trying,
Pity him who's sadly sighing;
Just a little labor spend
On the duties of a friend.

Be a friend. The pay is bigger
(Though not written by a figure)
Than is earned by people clever
In what's merely self-endeavor.
You'll have friends instead of neighbors
For the profits of your labors;
You'll be richer in the end
Than a prince, if you're a friend.

St. Valentine's Story

Let me introduce myself. My name is Valentine. I lived in Rome during the third century. At that time Rome was ruled by an emperor named Claudius who wanted to have a big army and expected men to volunteer to join. Many did not want to leave their wives and families and fight in wars so they did not sign up. This made Claudius furious so he had a crazy idea. He thought that if men were not married, they would not mind joining the army. He decided not to allow any more marriages. Young people thought his new law was cruel. I thought it was preposterous and I refused to support it. Did I mention that I was a priest? One of my favourite activities was to marry couples, so I kept secretly performing marriage ceremonies. Eventually I was caught, thrown in jail and sentenced to death. Many young people came to the jail to visit me. They threw flowers and notes up to my window. One of these young people was the daughter of the prison guard, who became my friend. On the day I was to die, I left my friend a little note thanking her for her friendship and loyalty. I signed it,

"Love from your Valentine"

It was written on the day I died, February 14, 269 AD and so began the custom of exchanging love messages on Valentine's Day.



News from the TR Department



February is the month of Friendship and Love



We all take different paths in life, but no matter where we go, we take a little of each other everywhere.

- Tim McGraw -

February 2nd is Groundhog Day



According to folklore, if the groundhog sees its shadow on February 2 it will return to its burrow, indicating that there will be six more weeks of winter. If it does not see its shadow, then spring is on the way. Keep your fingers crossed for a cloudy day. We don't need any more winter!

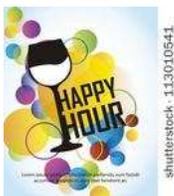
Thursday, February 2nd – 2 pm

Join us in the Main Lounge for music with Peter Montgomery.

Sunday, February 5th – 1:30 pm

A celebration of Chinese New Year's with Tzu Chi Society Tea - in the Main Lounge.

Thursday, February 9th – 2:00 pm



Join us for Happy Hour and special music with The Swell Guys

Friday, February 10th – 2 pm

Family Day Games and Cards in the Main Lounge. Family members are invited to join in!

BC FAMILY DAY

Monday 13 February 2017

Activity Department will be closed.



VALENTINE'S DAY
Tuesday, February 14th.

Join us in the Main Lounge
For a special Valentine's
Day Tea.

Friday, February 17th – 10:00 am

Mike's Critters will be here in the Main Lounge.

**FEBRUARY
BIRTHDAY PARTY**
on the 23rd with music
by Lynne and Rob



**FEBRUARY 22ND
IS ANTI-
BULLYING DAY**

PUT ON YOUR PINK SHIRT AND JOIN US AT
1 PM IN THE MAIN LOUNGE FOR A
GROUP PHOTO

Auxiliary News

The Auxiliary is back in full swing with their sales in February.

Saturday, February 11th



**NEW 2 U BOUTIQUE
AND JEWELRY SALE**
9:30 AM TO 3 PM
In the Main Lounge

Saturday, February 25th

**NEW 2 U HOUSEHOLD
ITEMS**
9:30 AM TO 3 PM
In the Conference Room



February Birthdays

Catherine Zamprogno	Margaret Henderson
John Gregg	Margaret Gooderham
Elizabeth Rorison	Katherine Waltz
Jean Jenkins	Pauline Knight
Meta Myhal	



Welcome to Your New Home

Bosko Begusich	Leslie Rogers
Barbara Brighton	Norman Simcoe
Lee Chabot	Dalip Toor
John Janzen	Helen Vineyard
Min Koyanagi	Joy Atkinson

Family and Friends Support Group

The Family and Friends Support Group provides a friendly environment for family members and friends to voice their suggestions and concerns to effect positive change for the quality of life of the residents of Langley Lodge. The group is a safe place to share your thoughts, feelings and concerns with the group and facilitators. Each meeting will include an individual check in to share where you are without receiving comments suggestions or feedback. An informal discussion topic will be led by the facilitators and participation is encouraged. Meetings are scheduled for the last Wednesday of the month at 3 pm in the Conference Room, with the exception of July, August and December.

NEXT MEETING
February 22nd – 3 pm
Conference Room

All family members, old and new are invited to join us. For more information, please contact Isabella 604-532-4241 or email iglinska@langleylodge.org

CELEBRATION OF LIFE SERVICE



February 6th - 2 pm
in the Main Lounge

WITH CHAPLAIN TONY

☞ REMEMBERING ☞

Arthur Jary	Tena Carlson
Antonia Sylka	Simone Lefebvre
Charlotte Leader	Leo Lawlor
Grant Arnold	Pearl Murray
Frank Kusch	John Philipps
Lisa Waaben	Clarence Menzie
Gary Robson	Marie Gordy
Marion Reed	

*A life that touches others
 goes on forever.*





Companion Pets Arrive in Langley Lodge

We are pleased to announce that Langley Lodge is now home to 3 “companion” cats and 2 puppies.

Joy for All Companion Pets <http://joyforall.hasbro.com/en-us> are designed to bring comfort, companionship and fun to elder loved ones. They have very realistic movements, fur and pet-like sounds - and they have built in sensors that respond to petting and hugs. The benefit of these Companion Pets is that they provide a soothing, joyful experience that brings smiles, laughter and comfort for people of all ages.

We have had an overwhelming and positive response to our new pets from everyone who visits the Lodge, and especially our residents.



We'd like to thank the **Auxiliary to Langley Care Society** for providing the funds for our companion pets!

Nursing Department Influenza Update

Influenza activity remains high in BC, suggesting that we can still expect to see more this season. Thank you to the staff, families and volunteers for your help in preventing the spread of Influenza at Langley Lodge. The best way to avoid the flu is to get a flu shot and wash your hands before and after visiting your family member. Your support is appreciated.

Lisa, Director of Care



**FEBRUARY IS
HEART MONTH**



Did you know that February is officially “Heart Month” in Canada?

And that’s not just referring to the chocolate ones. Heart Month was started in 1958 by cardiologists of the Heart and Stroke Foundation Ontario to promote heart health and awareness.

Right now well over one million Canadians are living with the effects of heart disease and stroke, and over 15,000 people die from heart attacks and strokes each year. **Heart disease and stroke are preventable, and with better preventative health care, we can lower these numbers and save lives.**

For more information visit:

<http://www.heartandstroke.ca/get-healthy>